



"The South's Grand Old Camp" Since 1928

SUMMER ADDRESS

Lookout Mountain Camp 277 County Road 632 Mentone, AL 35984

Camp Office: 256.634.4758

OFF-SEASON ADDRESS

1465 Eleonore Street New Orleans, LA 70115

Woody's Cell: 504.289.8248

EXECUTIVECAMP STAFF

Woody Morrison

Camp Director & Owner Fourth Generation LMC

Helen MorrisonAssociate Director & <u>Owner</u>

Rob MaplesOutdoor Director

Bailey MorrisonAssistant Program Director

LookoutMountainCamp.com
LookoutMountainCamp@gmail.com

PARENT PACKAGE

DEAR CAMPER PARENTS,

We are thrilled you and your son have chosen Lookout Mountain Camp for Boys! We know this will be a fun-filled summer for your son, and we look forward to welcoming him to his home away from home in Mentone, Alabama.

This package contains valuable information, guidelines, and a fews forms that we require for certain sessions. The information that follows is important and should answer many questions you may have. *Please read all of this carefully.* If you have any other questions, please do not hesitate to email or call us.

2024 CAMP DATES

Father-Son Session (3 Days)

Opening Day: Wednesday, June 12, 2024 at 11:00 a.m. CDT Closing Day: Saturday, June 15, 2024 at 10:00 a.m. CDT

First Session (2 Weeks)

Opening Day: Sunday, June 16, 2024 at 11:00 a.m. CDT Closing Day: Friday, June 28, 2024 at 10:00 a.m. CDT

Last Session (4 Weeks)

Opening Day: Sunday, June 30, 2024 at 11:00 a.m. CDT Closing Day: Saturday, July 27, 2024 at 10:00 a.m. CDT

Full Term (6 Weeks)

Opening Day: Sunday, June 16, 2024 at 11:00 a.m. CDT Closing Day: Saturday, July 27, 2024 at 10:00 a.m. CDT

Note: Please observe the arrival and departure times and dates to ensure your son has a smooth transition. Both arrival and departure are filled with apprehension and excitement. For those arriving east of camp, please remember that camp is on <u>Central Daylight Time</u>.

PACKING LIST

We recommend a large duffel bag for packing. Duffel bags are preferred over foot lockers. Trunks are not allowed at camp.

Father-Son Session	2-6 Week Sessions
This is a per-person list.	This list is for a 2 week session. If staying longer than 2
☐ 3 T-Shirts*	weeks, please use best judgment to pack accordingly.
☐ 3 Shorts*	☐ 12 T-Shirts*
☐ 1 Long Pant / Jeans	☐ 10 Shorts*
	☐ 4 Long Pants / Jeans
☐ 1 Sweater, Jacket, or Sweatshirt*	□ 1 Belt
☐ 1 Raincoat	☐ 2 Sweaters, Jackets, or Sweatshirts*
□ 1 Swim Suit	□ 1 Raincoat
☐ 4 Underwear	□ 2 Swim Suits
☐ 2 Sets of Socks	☐ 15 Underwear
☐ 1 Pair of Tennis Shoes (preferred over sandals)	=
☐ 1 Set of Pajamas	☐ 15 Sets of Socks
☐ 1 Bathrobe	☐ 2 Pair of Tennis Shoes (preferred over sandals)
☐ Toiletries*	☐ 1 Pair of Water Shoes
☐ 2 Bath Towels	□ 8 Sets of Pajamas
□ 2 Washcloths	☐ 1 Bathrobe
□ 1 Pillow	☐ Toiletries*
☐ 1 Pillow Case	☐ 8 Bath Towels
☐ 1 Set of Twin Sheets	☐ 8 Washcloths
□ 1 Blanket	☐ 1 Pillow
□ 1 Flashlight*	☐ 2 Pillow Cases
□ Bug Spray*	☐ 2 Sets of Twin Sheets
□ Sun Screen*	☐ 2 Blanket
☐ Tennis Racket**	☐ 1 Sleeping Bag
□ Baseball Glove**	☐ 2 Laundry Bags*
☐ Musical Instrument (if you play)	☐ 1 Flashlight*
	☐ Bug Spray*
☐ Stationery and Stamps*	☐ Sun Screen*
	☐ Tennis Racket**
	☐ Baseball Glove**
* Available for purchase at LMC Store	☐ Musical Instrument (if you play)
** May borrow LMC equipment or bring your own if pre-	
	☐ Stationery and Stamps*

2-6 Week Sessions

CLOTHING WE REQUIRE (not required for Father-Son Campers)

On Sunday evenings all campers wear white LMC t-shirts and white LMC shorts. They also wear these for our camp photo and during trips. White LMC t-shirts and shorts may be purchased at the LMC store upon your arrival. Although there are two LMC teams, GREENS and WHITES, there are no "team" clothing requirements. All that is required are the white LMC shirt and shorts. Additional LMC items are available and may be purchased at the camp store.

LABELING

It is very important to label everything. All articles must be marked with name tags or sharpie, or there's a good chance you may never see it again! For 4-6 week campers, no article will be sent to the laundry unless it is plainly marked. Every effort will be made to identify and return lost articles prior to departure; however, we are not responsible for lost items. If you discover you have lost something, please let us know as soon as possible as we do maintain a lost and found. If we find the item, it will be shipped home at your expense, so please make every effort to search for lost items prior to departure. Articles unable to be identified will be donated to charity or otherwise disposed of two weeks after camp has closed.

LAUNDRY

Father-Son and 2 week campers will not have laundry sent out. 4-6 week campers will have laundry sent every two weeks. The cost for one bundle is \$28. This includes pick-up and delivery on top of the mountain. This fee will be included in the final accounting (LMC Account) which is detailed further on pages 3 and 5.

CONTRABAND

Please do not send boxes of food or "food packages" to camp. Lookout Mountain Camp does not allow packages containing food, and they will not be delivered if sent. You may, however, order a package of approved items through the camp if you wish (see Camper Gift Packages on page 6). Magazines and letters are encouraged. If you need to send your son an item, please let us know of the contents or call ahead. All packages, boxes, etc. must be opened for inspection and all inappropriate contents (food, water balloons, etc.) will be confiscated and will not be delivered.

The following items should **not** be brought to camp:

- Money
- Shaving cream
- Jewelry and watches
- Electronic games, cell phones* (unless flying in), iPods, etc.
- · Music with violent or vulgar language
- · Rollerblades and skateboards
- · Matches and lighters
- · Sling shots, knives, paintball guns, swords, baseball bats with nails in them, ...etc.

*Cell phone use is not allowed during camp sessions.

MONEY & PAYMENTS

Your son does not need any money during his stay at LMC. We request that all cash be turned into the Camp Office upon arrival to be put in our safe. If your son does arrive with cash, he may go to the camp office and draw out against that balance for field trips only. Any balance that is left at the end of camp will be returned to him prior to his departure for home.

An LMC Account for your son will be established and maintained during his stay at camp. Please see page five to fill out the "LMC Account" form. We suggest you deposit the following amount into your son's account:

Father-Son Session (3 days): \$50 First Session (2 Weeks): \$185 Last Session (4 Weeks): \$245 Full Term (6 Weeks): \$275

These funds will be kept for him to draw against and will be used for items purchased on field trips, laundry, camp wear, toiletries, camp photos, and other items available in the LMC store. Please advise us (on the "LMC Account" form) as to whether or not your son may charge over the deposited amount.

A final accounting will be presented to you at the end of camp upon your arrival. All credits due you or outstanding balances due us must be settled prior to departure from camp.

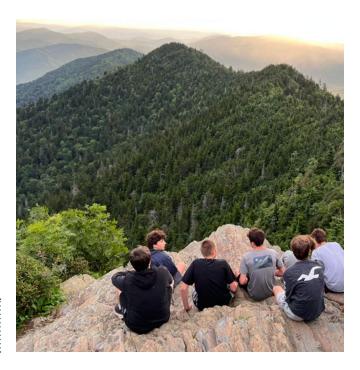
> Please note: All session cancellations after May 1st result in 100% forfeiture of camp fee.

OPTIONAL TRIPS & ACTIVITIES

The camp suggests that, generally, a maximum of two field trips per session is adequate. All are weather and other conditions permitting. If your son is attending Full Term, please indicate on the enclosed "Field Trip" form (page seven) whether he will participate in an activity when repeated. Trips and additional activities do not apply to Father-Son Session.

TRIP	соѕт	SESSION
Overnight at Little River Canyon* (or similar local area)	No Charge	All Regular
Smoky Mountain Ranger Trip**	\$595	4 & 6 Weeks
Fly Fishing Trip*** (Tellico)	\$465	4 & 6 Weeks
Nantahala White Water Trip (raft or rubber kayak)	\$290	All Regular
Ocoee White Water Rafting Trip**	\$290	All Regular

- * Available to campers age 12 and older only.
- ** Available to campers age 13 and older only. Due to the nature of the Ranger Trip, payment must be sent within a week of sign-up and is NOT refundable. We are bound by the regulations of the National Park Service and Mt. LeConte Lodge.
- *** All campers going on the fly fishing trip must provide a SS# for their fishing license on the field trip form.



TRANSPORTATION

Transportation and arrangements to and from camp are the responsibility of the parent. We do, however, offer shuttle service (see below) for all regular camp session campers electing to arrive into the Atlanta airport. We will not be providing airport transportation for Father-Son session.

Airport Transportation

We cannot provide airport transportation service to any location other than the Hartsfield-Jackson Atlanta International Airport, and shuttle service is only available on the opening and closing session dates listed on the first page. *Please select a flight that arrives / departs after 12:00 p.m.* There will be a shuttle reservation fee of \$285 one way and \$395 round trip for this service to the Atlanta airport. For those of you who wish to fly into camp and want to make shuttle reservations, you MUST complete and return to us the transportation form included in this packet indicating your son's flight arrangements & request for shuttle reservation. If we do not have this form, we cannot offer shuttle service for your child.

Shuttle Schedule

- All Opening Days: Shuttle arrives at Atlanta airport at 12:00 p.m. and departs at or before 3:00 p.m., Central Time. We will not depart until all campers have arrived and accounted for, even if plane is delayed.
- All Closing Days: Shuttle departs from camp at 12:00 p.m. and arrives at Atlanta airport at 2:00 p.m., Central time. Shuttle will not depart from airport before all campers have boarded safely.

We understand that airline schedules change, and we will adjust our shuttle arrival/departure times accordingly.

Very Important: We want your son to arrive safely as much as you. Any additional travel information should be emailed to LookoutMountainCamp@gmail.com (not called into camp). We ask all campers to turn in their airline tickets upon arrival. It would help us if you would remind your son to do this.

Transportation Provided by Parents:

- Please observe the opening and closing times as the camp gates will be closed prior to those times.
- If you are traveling from Eastern Daylight Time, note that all times listed are Central Daylight Time.
- If you wish to spend the night in the area, suggested lodging information is provided below and to the right.
 Please call early for your reservations as many of the camps have similar session dates.

PLACES TO STAY

All within 30 minutes or less of LMC

- Andiamo Lodge AndiamoLodge.com
- Cloudland at McLemore Resort StayCloudland.com
- Mentone Inn Bed & Breakfast MentoneInn.com

- Bee on the Brow Bed & Breakfast BeeOnTheBrow.com
- Mountain Laurel Inn Facebook.com/MountainLaurelInn
- Mentone Cabins CabinsAndRentalsInMentoneAlabama.com
- Desoto State Park Lodge
 AlaPark.com/Parks/Desoto-State-Park
- Day's Inn Fort Payne
- Econo Lodge Fort Payne
- Hampton Inn Fort Payne
- Holiday Inn Express Fort Payne
- · Also check out VRBO & Airbnb

FAQs

"Can we bring him to camp earlier or depart later than the specified date?"

Please do not plan to have your son arrive early or stay late unless absolutely necessary. We are not prepared to give campers the attention necessary because of staff time-off, pre-session meetings, and work assignments prior to the opening of a session. Under extreme circumstances, we will allow an early arrival because we understand that some things cannot be helped. There will be a \$100.00 per day charge for early arrivals and late departures. There are no late departures after the last term or early arrivals prior to the first term.

"What do I do if I receive a homesick letter?"

Homesickness is a common occurrence. It is natural and it happens to each and every one of us, to varying degrees. Whenever we think about home, a grandparent, a friend, etc. it is perfectly normal to become emotional about such matters. After all, campers are required to write letters home at least twice a week, so at the very minimum he will be thinking of home at that time. From our end, we are prepared to spot and handle homesickness so that it will not interfere with your son's stay with us. From your end, please realize that if you receive a homesick letter, by the time it has been delivered to you it has been three or more days since it was written. Chances are that the event or feelings you are reading about are "ancient" history in terms of how time is measured at camp. Friends have been made, routines have set in, goals have been placed in sight and are being attained. If you just ...can't stand it... call us. We'll be happy to talk to you and you can talk to his counselor if you wish, but we must ask you to please consider carefully any request to talk to your son personally. A boy can be in the midst of having a wonderful time only to be called away for the telephone upon which he hears his Mom's or Dad's voice and it sets him back to thinking about why he was homesick three days ago. Remember, if there was anything seriously wrong, we would have called you! On a final note, a boy who overcomes homesickness has gained a little strength, a little maturity and a little insight into how to handle his feelings. He doesn't know why, but he now feels better about himself. Please visit this link for a CBS video on camp homesick letters (you'll love it!): YouTube.com/watch?v=zwsDnihs6vg

LMC ACCOUNT

Please fill out and email this form to LookoutMountainCamp@gmail.com or mail along with a check for deposit into your account (and for all pre-order items selected) to our off-season address (if before May 15) or our summer address (if after May 15).

OFF-SEASON ADDRESS

Lookout Mountain Camp 1465 Eleonore Street New Orleans, LA 70115

SUMMER ADDRESS

Lookout Mountain Camp 277 County Road 632 Mentone, AL 35984

Camper's Full Name:		Session Attending:
I would like to add \$		☐ Father-Son
We suggest that you deposit the following amounts into your son's LMC account: Father-Son Session: \$50, First Session: \$185, Last Session: \$245, Full Term: \$275.		☐ First
		□ Last

STORE PRE-ORDER

The camp maintains a store where you may purchase t-shirts, shorts, laundry bags, etc. The Store is open each Opening Day and twice a day to campers during their "Store" activity periods. This form allows you to pre-order certain items and bypass the required "check-in" visit at camp's store. All items ordered will be received on Opening Day. Please note that when we run out of certain items during the summer, we cannot always restock them. For these reasons, it's best to utilize this pre-order form.

ITEM	SIZE (Youth/Adult) & QUANTITY	PRICE	TOTAL
Green LMC T-Shirt	Size: YS YM YL AS AM AL AXL Quantity:	\$24	\$
White LMC T-Shirt	Size: YS YM YL AS AM AL AXL Quantity: ————————————————————————————————————	\$24	\$
LMC Shorts	Size: YS YM YL AS AM AL AXL Quantity:	\$24	\$
LMC Sweatshirt	Size: YS YM YL AS AM AL AXL Quantity:	\$40	\$
LMC Hoodie	Size: YS YM YL AS AM AL AXL Quantity:	\$52	\$
LMC Hat	One Size Quantity:	\$28	\$
	Pre-C	Order Total:	\$



CAMPER GIFT PACKAGES

Our Camper Gift Packages are great way to tell your child to have fun at camp! Each includes a personal note from you with LMC gear plus age-appropriate games and toys for your child to enjoy while he's at camp. Campers love these! We recommend ordering gift packages early so your son can utilize the contents from the start of his session. Please email completed forms to LookoutMountainCamp@gmail.com and your LMC account will be billed according to which package you choose.

ORDER FORM

Camper's Full Name:	
Cabin N°: Age: Team: ☐ Green ☐ White (if known; does not apply to Father-Son campers)	Attending: □ Father-Son
Gift Package Size: ☐ Small (\$55) ☐ Medium (\$75) ☐ Large (\$95)	□ First □ Last
Sender's Full Name:	□ Full-Term
Signature:	-
Note from Sender:	

OFF-CAMPUS TRIP PERMISSION

The camp suggests that, generally, a maximum of two field trips per session is adequate. All are weather and other conditions permitting. *Off-campus trips do not apply to Father-Son Session*. Please fill out and email this form as soon as possible to LookoutMountainCamp@gmail.com or mail along with a check for selected trips to our off-season address (if before May 15) or our summer address (if after May 15). Both addresses can be found on pages 1 and 5.

Camper's Full Name:		sion	
Parent or Guardian Phone Number:		ending:	
Additional Parent Phone Number (optional):		□ First □ Last □ Full-Term	
I WOULD LIKE MY SON TO PARTICIPAT	E IN:		
☐ Any trip he chooses. (Checking this means that your son has your permission to go on so long as he meets the minimum age requirements, without any additional authorization n			
TRIP	соѕт	SESSION	
□ Overnight at Little River Canyon (or similar local area; available to campers age 12 and older only.)	No Charge	All Regular	
□ Smoky Mountain Ranger Trip (Available to campers age 13 and older only. Limited space available; <u>full payment</u> for the Ranger Trip is due upon reservation. It is <u>non-refundable</u> , so please be sure he wants to go.)	\$595	4 & 6 Weeks	
☐ Fly Fishing Trip in Tellico (Your son's social security number is required for a fishing license. Please include it here SS#:	\$465	4 & 6 Weeks	
□ Nantahala White Water Trip* (raft or rubber kayak)	\$290	All Regular	
□ Ocoee White Water Rafting Trip* (Available to campers age 13 and older only.)	\$290	All Regular	
* My son, who's attending Full-Term, wants to participate in the: \Box Nantahala Trip \Box 0	Ocoee Trip wh	en it's repeated	
There are off-campus field trips incidental to camp in which the boys will participate the Unless you specifically request below that you do not want your son to participate, he		•	
 □ I do not want my son to participate in any field trips. He is not authorized to leave the LMC campus except for emergencies. 			
Signature of Parent or Guardian:			

HEALTH RECORD

This form must be completed and emailed to LookoutMountainCamp@gmail.com by <u>June 1st</u>.

Pages 8 and 9 can be filled out by a parent or guardian; page 10 needs to be completed by a physician.

This form is <u>not</u> required for campers that are only attending Father-Son Session.

CAMPER INFORMATION		
Camper's Full Name:	Date of Bi	rth: Session
Height: Weight:	Date of last examination by physic	ian: Attending
Physician's Name:	Phone:	Last
Dentist/Orthodontist's Name:	Phone:	☐ Full-Tern
Ophthalmologist/Optometrist's Name:	Phone:	
VACCINE	MONTH & YEAR OF BASIC IMMUNIZATION	YEAR OF LAST BOOSTER
Diphtheria		
Pertussis (Whooping Cough)		
Tetanus		
Oral Polio (Sabin) TOPV		
Injectable Polio (Salk)		
Measles (hard measles, red measles, rubeola)		
Tuberculin test given (most recent date)		
Other Vaccines (list type next to dates)		
PARENT INFORMATION Parent or Guardian Full Name:		Phone:
Address (street, city, state, zip):		
Occupation:	Work	Phone:
Second Parent or Guardian Full Name (option	onal):	Phone:
Address (street, city, state, zip):		
Occupation:	Work	z Phone:
In an emergency, if above is not available,	please notify:	
1. Full Name:		Phone:
2. Full Name:		Phone:
Lookout Mountain Camp does not provide Please attach a copy of your medical ins	de or offer medical insurance coverag	ge for campers.
Carrier: Pol	licy/Group N°:	Phone:(on back of card)
Policyholder's Date of Birth:	Policyholder's Social Securit	

HEALTH HISTORY

Please check all that apply and **provide dates** where applicable. Attach any additional information or explanation if necessary.

□ Athlete's Feet	Date
☐ Athlete's Foot	
☐ Bleeding / Clotting Disorders ☐ Bronchitis	
☐ Constipation	
☐ Convulsions / Epilepsy	
□ Diabetes	
□ Enureses	
☐ Fainting	
☐ Frequent Colds	
☐ Frequent Ear Infections	
☐ Frequent Sore Throats	
☐ Heart Defect / Disease	
☐ Hernia	
☐ Hypertension	
☐ Kidney Trouble	
☐ Mononucleosis	
☐ Rheumatic Fever	
☐ Sinusitis	
☐ Sleepwalking	
☐ Sprains or Breaks	
☐ Upset Stomach	
Stipulated Restrictions: Please no activities of which your son cannot health reasons:	
nearth reasons.	
DENTAL & VISION Please check all that apply and provide note Attach any additional information or expland	
□ Braces	
□ Retainer	
□ Contacts	
□ Glasses	
What procedures should be taken braces or retainer is lost or broken ☐ Replace at once ☐ Call Home	
Please indicate if there are any ter for which we should be aware (ex	

ALLERGIES

☐ Chicken Pox ☐ Covid

☐ Measles ☐ Mumps □ Tuberculosis

☐ German Measles

Please check all that apply and **provide notes** where applicable. Attach any additional information or explanation if necessary.

□ Food(s)
☐ Hay Fever
☐ Insect Stings / Bites
□ Penicillin
□ Poison Ivy
□ Other:
Please list dietary modifications required:
DISEASES Please check all that apply and provide dates where applicable. Attach any additional information or explanation if necessary.
□ Asthma Date

IMPORTANT: Please notify the came if this camper is exposed to any communicable disease during the three weeks prior to arrival at camp.

Below must be completed to attend camp:

This health history is correct so far as I know and the person herein described has permission to engage in all prescribed camp activities except as noted by me in the "Stipulated Restrictions" section. I hereby give permission to the physician selected by the camp director to order X-rays, routine tests and treatment for the health of my child and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for and to order injection and/or anesthesia and/or surgery for my child as named above. This form may be photo copied for out-of-camp use.

Signature of Parent/Guardian	Date
I understand and agree to abide with restrictions (if any) placed on my can	

Sianature of Camper

HEALTH EXAMINATION

A health examination within the past 24 months is required to attend all regular camp sessions. A licensed physician must complete the form, and it should be emailed to LookoutMountainCamp@gmail.com by <u>June 1st</u>. This form is <u>not</u> required for campers that are only attending Father-Son Session.

sician's Full Name: Phone:			
Address (street, city, state, zip):			
The camper is under the care of a physicia	n for the follow	wing condition(s):	
CONDITION CURRENT MEDICATION DOSAGE / TRI			
Explanation of any reported loss of conscio	usness, convu	Ision or concussion:	
Does camper have diabetes? ☐ Yes ☐ No	Does can	nper have epilepsy?	□ Yes □ No
Medically prescribed meal plan or dietary re	estrictions:		
Allergies (drug, food, insects, plants, etc.) $_$			
Additional health information:			
I have examined the camp applicant with			n the applicant's condition
Signature of Physician	Date	Signature if comple	ted by nurse or physician's assistant

ATLANTA AIRPORT SHUTTLE RESERVATION

Please fill out and email this form to LookoutMountainCamp@gmail.com or mail along with a check for shuttle payment to our off-season address (if before May 15) or our summer address (if after May 15). We will not be providing airport shuttle transportation for Father-Son session.

OFF-SEASON ADDRESS

Lookout Mountain Camp 1465 Eleonore Street New Orleans, LA 70115

SUMMER ADDRESS

Lookout Mountain Camp 277 County Road 632 Mentone, AL 35984

One Way Shuttle: \$285 Round Trip: \$395 i.....i

SHUTTLE RESERVATION REQUEST:

	Dening Day (only for flights arriving between 12 Day (only for flights departing between 12	
Camper's Full Name:		
Flight N° (to camp):	Airline:	Attending:
Arrival Date:	Arrival Time:	
Return Flight N°:	Airline:	□ Full-Term
Departure Date:	Departure Time:	
Person picking up camper at	end of return flight:	
Phone Number:	Emergency Phone Number:	